



## IMPORTANCE OF MUSIC IN HUMAN LIFE

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Music Plays a big part of our everybody lives. We hear if as we drive as shop & while we work. Some archaeologist point that music has been in existence. Since prehistoric times over 55000 year ago. Some musicologist says that music origin from nature. Man is the best part of nature. The life song of the vast nature is being sung in different forms. From that point of view that the song sung by men may be said to be the music of nature. Just as the resulting sound of air, the gurgling sound of river, the thundering sound of waves of the sea, the lighting sound of clouds are the songs of nature. The sweet tone of nightingale, skylark & cuckoo too are similarly song of nature. Music is the universal language of humanity, the ubiquitous source of entertainment, the agency that transforms our moods, the catapult that raises us to higher emotions & experiences the medium that influence all levels of human existence- physical, psychological & spiritual Leo Tolstoy "Succinctly stated Music is the shorthand of emotion" Keith Richards stated "Music is language that doesn't speak in particular words, it speaks in emotions & its in the bones" Great philosopher Plato say's "Music give a soul to the universe wing to the mind, flight to the imagination and life to everything"

I don't believe there as single person that actually who has simply allowed music to take over his or her life & surrounded without any resistance. We love music to a concerning degree. It's the only thing we think about & want so constantly that it feels like an addiction its far more than a want, it is a need and because its essentially the only thing we need to get us through the day. Its difficult for us to have horrible one so if we are having bad day, the minute we haven't listened to music yet. Music is the answer to every question & solution to every problem. At the end of the day music

makes everything better and no day is complete without it we are not complete without it either. Music is there for us when nobody else is, so we remain loyal & loving. According to webster's New world dictionary "Music is the art of combining tones. To form expressive compositions, any rhythmic sequence of pleasing sounds" However music is an everything around us Music can be found everywhere in our world. It helps people find themselves and help them through hard times that we all face in our lives. Music gives us away to express ourselves and show how we feel inside ourselves that we don't usually let people see music is important in our world as well as in our lives. Music is an essential part of human life. Music does affect our daily lives, different people like different kind of music. Music affects our emotions. When we listen to happy song we feel happier upbeat songs with energetic riffs and fast paced rhythms. Music is every here in the world and music relates to everything as well. Music is in all of our histories starting from the beginning. It is also in Science & Mathematics in many ways as well as in everything else without music is important because it is everywhere around us in the world.

Music can bring people in our world together in many ways. Whether it be through the same taste in music on the willingness to try something new or even performing music with others. Many people like the same gener as styles of music that are the out in the world right now. Being a part of concerts, orchestra band or any kind of group is another thing that us music to bring people closer to one another as well. Music is important because it brings together in the world.

Music also helps people communicate how they feel inside. When they just can't find the words to say it sometimes in our lives, it is difficult to say how we feel to other people with

music we find the words that are missing and the messages that we are trying to feel people. We all can find the words that we are looking for by either writing songs or just listening to different songs on the Radio or any where.

Music is one of the fine arts like other form of art, it requires creative and technical skill and the power of imagination. As dance is an artistic expression of colors, so music is of sounds. What a preety sight is so the eyes, aroma is to the nose, delicious dish is to the plate and soft touch is to the skin. So music is to the ears.

Music is instrumental in developing the mind a traly self made man must have to be well-versed in music. The philosophy of human life the eternal prays of the soul, the singing in praise of the human spirit. All these have merged themselves in music. So we find that from saints down to people of the modern age, all great sages took the help of music to captivate the general public or to release the pent-up feeling of their own mind. From the point of view of qualities in general, it can be said that music is the fountain of sentiments, energy & love.

In all human beings, there is more or less an artiste's mind & natural attraction for at. Music lends sound to the string of life and generates sentiment dormant in the mind of listener for this reason music has been regarded as the best carrier medium of emotion or sentiment. It is impossible to keep away from this overwhelming power of music. There are many instances about birds and beasts being over powered by music. So said Rabindrath, the king of poets, that music is life, there is manifestation of life in it. Music is a way to escape of life, which gives us relief in pain and helps us to reduce the stress of the daily routine. If helps us to clam down, an even excites us in the moment of joy. Moreover, it enriches the mind and give us self confidences.

Music has a powerful thearapeutic effect on the human psyche. It has always been part of our association with specific emotions and those emotions themselves have given rise to great music. In the modern world, Music has gained an honorable designation of "Healing without Medicine" Doctor's feel that music therapy has been helping them in treating many people with problems liked dementia, dyslexia, depression and trauma. Many children with learning disability and poor Co-ordination have been able to learn and respond to set pieces of music. Many people with genetic disability have found a new light in the form of music. We all know that meditation cleanses the system of its negative energies and vibrations. And music is powerful aid to meditation in many mediation workshop, music is used to make people more aware of their moods & feelings. People are made to lie down and empty their mmds & then listen to the music which is systematically changed. So that they can fit through different emotions and state of consciousness. Thus music affects all of us in some way or the others.

#### **Conclusion :**

Music helps us to clean all of the dust from our mind and the soul. The dust of stress, pain, worries and the tension everything is washed away with the gentle stream of music. Music is the global language and it has no barriers. Music teaches us peace & the harmony with the power of music we live peacefully.

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